

A CHARITY ADVENTURE HOLIDAY WITH A DIFFERENCE - HELPING DISADVANTAGED AUSSIE KIDS

ISSUE #49

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**1 YEAR
TOGO**

23 Day Kimberley Adventure

Self Drive Tag Along - Organised Event - Guided Tours - Part Self Catered -
Eat Outs - Station Meals - Trailer & Small Off-Road Caravan Friendly
Correct at time of printing December 2018

1 YEAR TOGO UPDATE

**7TH-30TH APRIL
2021**

KIMBERLEY ADVENTURE





TM AN ADVENTURE HOLIDAY WITH A DIFFERENCE!



**7TH - 30TH APRIL
2021**

23 Day Kimberley Adventure

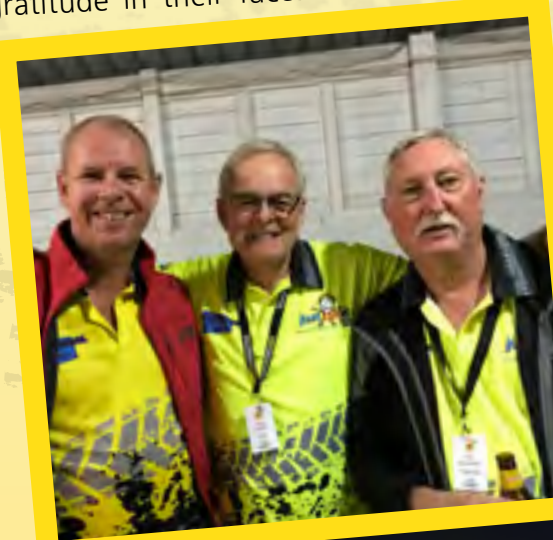
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www.just4kidsmotortrail.com.au



THE DIFFERENCE

Apart from all the fun, laughter, music and dirt track driving, there is a very serious side to the Just4Kids Motor Trail. Our entrants and supporters raise funds through various functions prior to and during our event. These funds are then distributed along the route to children and their families who need a helping hand. Part of your Just4Kids entry levy includes a tax deductible donation component which is used for this support. Many local communities have benefited from our visits and it is a wonderful feeling witnessing the joy and gratitude in their faces. We are always welcomed back with open arms.



just4kids **MOTORTAIL**
 CHILDREN'S CHARITY
 A CHARITY ADVENTURE HOLIDAY WITH A DIFFERENCE
 HELPING DISADVANTAGED AUSSIE KIDS

Find us on
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 Tag Along Adventure Events.

Contact us:
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CHAIRMAN'S REPORT - *Virus Update*



FROM THE CHAIRMAN'S STEERING WHEEL

Greetings Just4Kids Motor Trail, Kimberley Adventurers, Entrants, Friends, Supporters and Sponsors. Please enjoy Our *Virus Newsletter Update 49*

As you all know the Just4Kids Motor Trail, Kimberly Adventure 2020 is Now Officially Postponed until the same time next year in 2021. Because of the Coronavirus (COVID-19) Outbreak.

We are all sitting tight!! so we can continue to offer the Kimberley Adventure 2021 as per our advertised circuit and attractions for 2021.

Please understand Just4Kids have invested twelve months of survey and day to day management into this bucket list event, it has been in the planning for more than four years prior to our survey.



Just4kids Motor trail has rebooked the same locations, out meals, tours etc for April 2021 as listed in our 2020 Schedule.

We have received many thanks and assurances that we are being missed big time this year and will be welcomed with open arms in 2021.

We all need to stick together, be safe and count down the days and see if we can entice a friend or two to join us at Alice Springs on the 7th of April 2021 for the Meet and Greet.

The good news is coming, with the change of date we have received new entries, perhaps you know of persons that the new date will suit, let them know now ASAP 7th to 30th of April 2021 is the date to remember.

There will be an updated flyer emailed out to you all soon, please forward it on to all you know so we can enjoy the fresh air of the Kimberleys in 2021

J4K Chairman
Rodney
OV3



2021 KIMBERLEY ADVENTURE ROUTE

M&G	April 7th	Vehicle Scrutineering (Saturday pm at TJM Alice Springs)	
		Alice Springs (Meet & Greet) Alice Springs Golf Club	
DAY 1	April 8th	Renahans Bore	(437km)
DAY 2	April 9th	Wolfe Creek Crater	(490km)
DAY 3/4	April 10/11th	Bungle Bungles	(257km)
DAY 5	April 12th	Mimbi Caves	(310km)
DAY 6/7/8	April 13/14/15th	Broome	(482km)
		Broome Fishing Club Auction Night	
DAY 9/10	April 16/17st	Cape Leveque via Beagle Bay	(220km)
DAY 11	April 18nd	Willare Bridge Roadhouse Campground	(379km)
DAY12	April 19rd	Windjana Gorge National Park (Tunnel Creek)	(190km)
DAY 13	April 20th	Silent Grove (Bells Falls)	(207km)
DAY 14	April 21th	Mt Elizabeth Station	(170km)
DAY 15/16/17	April 22/23/24th	El Questro Wilderness Park	(329km)
		El Questro Station - Swinging Arms Bar- Auction Night	
DAY 18/19	April 29/30th	Lake Argyle Resort	(200km)
DAY 20	May 1st	Timber Creek Roadhouse	(225km)
DAY 21	May 2nd	Victoria River Roadhouse	(202km)
DAY 22/23	May 3/4th	Katherine (+Final Night Dinner and presentation)	(190km)

ALL DATES ARE SUBJECT TO CHANGE DUE TO ISSUES BEYOND OUR CONTROL APRIL, 2020.

Our Chef gets married a close shave for the bride and groom



Recently our Just4Kids Catering Director, Chef and Chuckwagon Coordinator; Paul Taylor tied the knot with his partner Suzanne. They just scraped in to celebrate their wedding and enjoyed a wonderful event before the forced social isolation restrictions were enforced.

They also raised vital funds for the leukaemia foundation by shaving their heads on the night and raised over \$4000 thanks to team Fraser Coast RV Park. The guest numbers were halved, however, they still managed to raise \$1175 on the night for this worthwhile cause.

They have been enjoying their honeymoon at Fraser Coast RV PARK with a couple of nights in Mango Lodge the self-contained luxury log cabin and a few nights in the gypsy wagon.

They have managed to get the accommodation at a reduced rate and have had plenty of time to relax and Unwind during these difficult times. They were gearing up to host River heads rocks in June however this has now been postponed to 2021.

**JUST4KIDS NEEDS YOUR HELP FOR OUR
DAY TODAY RUNNING COSTS**

G1VE
ONE DOLLAR A DAY



TREVOR BROWN J4KMT SWEEP,

The man who once put a Rolls Royce body on a Holden Ute chassis for our 2010 Cape York run a few years back has used his many skills in rebuilding his much loved 1950's Willys Jeep. Now living at Maleny you can see Trevor cruising around turning every head that he cruises past. Trevor and his J4K teammate Steve are always last to leave and last into camp.

One could not want more experienced guys on call, Steve is the Repco service manager at Hervey Bay, Oh what a team, thanks guys see u soon.



J4K MOTORTRAIL DIRECTORS REPORT



Hi, I am Mark your Motor Trail Director for the Kimberley Charity Adventure.

I am looking forward to Seeing you all at Alice Springs. for the 7th - 30th April 2021 J4kMT Kimberley Adventure.

READY STEADY GO or has the Marshal's Flag been put out to pull over. It feels a bit like that after twelve months in the making and four years on the forward-planning floor. HOW does the planning for such an event come about?

This time twelve months ago, Rod and Di were involved in the survey to fine-tune what we believed to be one of our best circuits ever, we could offer in another state as we are a Professional Queensland based Volunteer NFP Organization.

Our main concern was, is it too far?
Would our current resources do the job?

We know we have the experienced volunteer personnel, but did we have enough hardware to manage around 6000 meals throughout what we thought would be the best Self Drive Tag A Long, any Charity in Australia could offer. Advanced planning and well-prepared facilities would be required.

After considerable research before departing, Rod from Tasmania and Di from the Gold Coast, they went about driving our pre-planned circuit over the next eight weeks in April 2019. Fortunately, Di had been to the Kimberlys area before, and after trying several different side roads and attractions they logged every kilometre of our 2021 Kimberlys Adventure.

It sounds like a dream period, but that was the easy bit. The next few months were critical for us, to lock away the selected locations, pay the advance deposits, so we ensure your investment was secured for the actual event.

We have had to book in bulk to get the best possible prices for the dine in's and outs, tours, access to national parks, and securing the overnight locations were locked away, for the onsite accommodation and or camping areas.

Di has spent the last ten months ensuring entrants have been well serviced, numbers confirmed, any joint functions with supporters, needs are balanced with our partners along the way.

Advising you all of your options and where we are overnighing so you can self manage your overnight requirements. It is a continuous chain of events that link together to bring us to the start line of which was to drop the sponsors' flag from TJM Alice Springs and for E I A Engineering Townsville and Navman our principal supporters.

But as we are all aware, we are currently in the parking lane, I must thank you all for sticking together with us and being patient over the next twelve months. By doing this we have been able to leave our holding deposits with all event and on location, participants making it a lot easier at our end to ensure our bulk discounts as a group and retaining our spots in our overnight Campgrounds and RV Parks etc.

We often get asked about our facilities from entrants and our overnight locations relative to our needs and what we will require, as we like to stay where we believe it is ideal too, some locations do not have facilities that would cater for us unless we were self-contained.

Our Catering is our top priority for all, at the start or the end of the day one is expecting top food, we are fortunate to have three amazing Volunteer Chefs, who have been with us for many years and are very capable in remote areas, all have run commercial services in the past. As we have just updated our retired 27-year-old Dyna, thanks to the Ronald Geoffrey Arnett's Foundation.

I thought I would list what we have available in this rig which we call Isuzu C2 (Canteen Unit No#2). Our Catering Manager, Paul is in C1, a Toyota Trayback with a mobile kitchen with Trevor Chef as navigator and action man.

Isuzu C2 is our new rig. So I will break down this unit for you. Designed to manage fresh foods along with our stores' the trailer is designed to carry additional foods and is a great freezer refrigeration unit.

Managed by our Chef and Driver; Karl. it is the latest Isuzu duel cab 4x4 6500 kg rig, with a trailer 9000 kg on the road loaded. The tray has a 1000 cubic litre cool room with 12 large crates to store fresh foods within the cool room. A 2 x 80 litre, 12 /240v Freezers. This unit is powered by 240v from mains or one of our two main generators, comprising of 7kva. Each with a reserve 3kva built-in into the model for quite running at night so u all sleep well. The unit has storage areas for spares and around 100 litres of generator fuel onboard. The roof of the cool room carry's a marquee for the chefs to do preparations under and dispatch, as well as four Eva cool fridge/freezers as a backup or to place the tasty deserts into.



Its a general stores' trailer is what it is! Cooking accessories, Auction items, Give always, back up batteries for the ENGEL fridge and extra freezer space from two 160litres/240v freezers. If necessary the rig can be powered by its 4kva generator or by the tow rig and is connected at night to a mains power supply, it also has the capability of caring 300 litres of drinking water, and eight jerry cans of petrol and or diesel depending on our requirements on the circuit, roof capacity of eight portable tables, marquees, 300 meters of power leads and working lights for the camp dinners, all in all, everything except the kitchen sink which is in C3, more about that later.

Our new Isuzu C2, communications are available through UHF ch10, UHF ch40, VHF, Satphone, long-distance HF Radio or just winding down the window and talking very loudly, whatever is your preference.

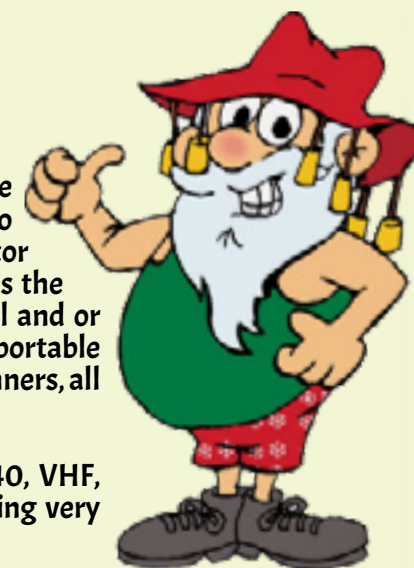
As you can see, we are a very experienced volunteer bunch after 18 years of looking after our entrants who in kind allow us to support Aussie Youth along the way while enjoying a Holiday with a difference. See you all at Alice Springs in 2021, When we drop the checked flag, by then we will all want to Getaway.

As time goes on, I will do a brief on how the day to day circuit works with our sweep team, Steve and Trevor and our volunteer circuit watchers to ensure u don't get lost.

Please invite a friend to join with us, and passed the word around by forwarding this Newsletter on to them.

Cheers for now.

Mark Louez
Your J4K Motor Trail Director





CHARITY AUCTION ITEMS UP FOR GRABS IN 2021



DM EQUIPPED
ON AND OFF ROAD. WORK OR PLAY.



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FIRST AID GUIDE

EMERGENCY FIRST AID



1 Evaluate Potential Dangers

Before approaching a victim make sure surroundings are safe for you.

1. Check for:
 - Electrical lines and devices
 - Hazardous fumes and gases
 - Vehicular traffic and machinery • Fire
 - Chemical spills
2. Do not approach the victim until the area is safe.

2 Check the Level of Response

1. When able to reach victim, **check for a response** to see if they are conscious.
2. Call out to victim and ask if they can open their eyes or hear you.
3. Give their shoulders a firm squeeze and ask them to squeeze your hand.
4. Do not move the victim unless there is a hazard that could cause further injury.

3 Call for Help '000'

1. You should **call emergency services** immediately.
2. Ask someone with you, or a bystander, to call for help while you respond to victim. If you are alone, stay with victim and call emergency services yourself.
3. Be ready to provide information regarding your location and incident.
4. Do not hang up unless directed to by emergency services.

4 Unconscious & NOT Breathing

1. Check for breathing by placing one hand on victim's stomach and **checking for movement**. Place side of your face next to victim's nose and listen/feel for breathing.
2. If not breathing, commence CPR.
3. Place your hands, one atop the other, on victim's sternum (centre of chest). Compress chest 1/3 depth, at a rate of approx. 100 - 120 compressions per minute.
4. After 30 compressions open victim's mouth and tilt head back to open airway.
5. Use face shield/pocket mask and blow in victim's mouth. Look if chest rises. Stop and repeat for 2nd breath.
6. Continue cycle of 30 compressions to two breaths (30:2)
7. Call for a defibrillator.
8. If unable to perform rescue breaths, perform continuous chest compression CPR only, until help arrives.
9. Continue performing CPR until: help arrives, victim shows signs of response, AED says so, you cannot continue due to exhaustion, or, there is danger.

Breathing but Unconscious

1. If victim is breathing, place into recovery position.
2. Check airway again to ensure they are still breathing.
3. Monitor and reassure the victim. Document incident.

5 Defibrillation (AED)

1. **Use an AED (Automated External Defibrillator) if it is available in your facility. Follow the instructions provided.**



7 Dealing with Bleeding

1. **Wear gloves.**
2. Introduce yourself to the victim and sit them on the ground.
3. Carefully expose wound and check for foreign objects (do not remove).
4. Minimise bleeding by placing dressing over wound and applying firm, direct pressure. Immobilise and elevate.
5. Treat for shock and call emergency services.
6. Lie the victim down and conserve body heat. Reassure victim and document incident.

6 Dealing with Fractures

1. **Keep victim calm and still.**
2. Do not move affected area.
3. Treat open, bleeding wounds first.
4. If bone is protruding from affected area do not touch it. Apply dressing **around** bone if bleeding is continual.
5. Help victim find the most comfortable position and support injured area.
6. Call emergency services.



8 Dealing with Burns

1. **Neutralise hazards before attending to victim.**
2. Cool affected area with cool running water for up to 20 minutes. Remove clothing unless sticking to skin.
3. Get medical assistance, call emergency services.
4. Apply non-adhesive, non-fluffy (wet) dressing to affected area.
5. Treat the victim for shock and document the incident.



DISCLAIMER: The information in this poster is not a substitute for proper first aid training.

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