



An Annual Fundraising Event run  
by  
Pacific Rim Just For Kids Inc.  
[www.just4kidsmotortrail.com.au](http://www.just4kidsmotortrail.com.au)

P.O. Box 3477  
Sunnybank South 4109  
Phone: 0427 991 900

The TrailBoss Newsletter

to contact the editor  
e-mail:  
[kerin@just4kids.org.au](mailto:kerin@just4kids.org.au)



### YOUR CHALLENGE.

Procure as many business cards as you possibly can. We would love to build up our mailing database and we need your HELP.

### YOUR REWARD

A TJM Recovery Kit valued at over \$350 to the person who sends the most to :-

Kerin at 60 Claymore Cresc,  
Sorrento 4217 by 30 June 2010



# The Trail Boss Newsletter

EDITION 14

SEPTEMBER 2009



**MERRY CHRISTMAS AND A  
VERY HAPPY NEW YEAR**

*J4K Directors—Phil, Mark, Kerin and John* would like to take this opportunity of wishing all our sponsors, supporters, motor trail entrants, friends and colleagues a very Merry Christmas. We hope you and your families have a wonderful yuletide and look forward to seeing you again in 2010. Thank you for supporting the sick, disabled and disadvantaged kids of Queensland.



The Pacific Rim Just4Kids Children's Charity would very much like to thank our good friends at *Paradise Outdoor Advertising*, who have made it possible for us to have our very own Billboard. *Mike and Claire* from *Australian Explorer* have sponsored the billboard and provided the artwork. From January, you will see this very impressive billboard gracing the Bruce Highway outside Mackay. Mike and Claire have been wonderful supporters of the Just4Kids Motor Trail and the Charity for several years now. They donate their time and skills to creating and managing our fantastic Just4Kids website. From everyone at J4k, thank you to our supporters from Paradise Outdoor Advertising and Australian Explorer.





JOIN US ON A  
**CAPE YORK SAFARI!**  
A Charity Tag-a-Long Adventure  
**20th - 31st August 2010**  
[www.just4kidsmotortrail.com.au](http://www.just4kidsmotortrail.com.au)

Sponsored by Australian Explorer  
[www.australianexplorer.com](http://www.australianexplorer.com)  
Travel Information, Accommodation and Tour Bookings



"Supporting Australian Youth"







# REGISTER NOW

## FOR THE 2010 JTS ELECTRICS JUST4KIDS MOTOR TRAIL **THE CAPE YORK SAFARI**



### 2010 CAPE YORK SAFARI ITINERARY

FRIDAY 20 – TUESDAY 31 AUGUST

Register Now to Receive your Accommodation List and avoid disappointment

<b>MEET &amp; GREET</b>	<b>THURSDAY 19</b>	<b>CARDWELL COAST GUARD</b>
<b>DAY 1</b>	<b>FRIDAY 20</b>	<b>CARDWELL – CAIRNS</b>
<b>DAY 2</b>	<b>SATURDAY 21</b>	<b>CAIRNS TO LAURA</b>
<b>DAY 3</b>	<b>SUNDAY 22</b>	<b>LAURA TO WEIPA</b>
<b>DAY 4</b>	<b>MONDAY 23</b>	<b>WEIPA LAY DAY – FISHING FUN DAY</b>
<b>DAY 5</b>	<b>TUESDAY 24</b>	<b>WEIPA TO TWIN FALLS</b>
<b>DAY 6</b>	<b>WEDNESDAY 25</b>	<b>TWIN FALLS TO SEISIA</b>
<b>DAY 7</b>	<b>THURSDAY 26</b>	<b>SEISIA TO THURSDAY ISLAND</b>
<b>DAY 8</b>	<b>FRIDAY 27</b>	<b>SEISIA LAY DAY</b>
<b>DAY 9</b>	<b>SATURDAY 28</b>	<b>SEISIA TO BRAMWELL STATION</b>
<b>DAY 10</b>	<b>SUNDAY 29</b>	<b>BRAMWELL STATION - MUSGRAVE</b>
<b>DAY 11</b>	<b>MONDAY 30</b>	<b>MUSGRAVE TO COOKTOWN</b>
<b>DAY 12</b>	<b>TUESDAY 31</b>	<b>COOKTOWN LAY DAY</b>
<b>DAY 13</b>	<b>WEDNESDAY 1</b>	<b>HEAD FOR HOME</b>







***We would like to introduce you to Isabella King and her family. There is no simple way to explain to you what happened to Isabella other than please read the following extract -***

“On the 8<sup>th</sup> of October, 2009 six year old Isabella Aroa King was attacked by a dog in a neighbour’s back yard. The attack resulted in about 70% of Isabella’s scalp being torn off in two pieces, a large laceration on her right shoulder approximately 8cm x 4cm, puncture wounds to the front of the shoulder, lacerations and puncture wounds to her left elbow and the loss of a primary front tooth.

That night the royal Flying Doctors Service flew Isabella directly to Brisbane for immediate treatment at the Royal Brisbane Children’s Hospital. Isabella underwent eight hours of surgery in an attempt to re-attach the two portions of her scalp that was severed in the attack. Unfortunately around 25% of the scalp was unable to be saved due to the extreme damage that was sustained. This was substituted with skin grafts. Isabella has now received skin grafts covering this portion of her scalp which have taken very well. She has just returned to Weipa for eight weeks rest before returning to Brisbane again for multiple surgeries which at this stage will include attempting to stretch her remaining portion of scalp to give her more hair coverage.

It is difficult to put into words the gratitude that the family have for the support received from family, friends and the Weipa community as a whole. It is times like these that you begin to realise the importance of friendship and close community spirit.”

**Just4Kids are going to have a wonderful time in Weipa in August 2010 and the main purpose of us being there is to support the Isabella King Trust Fund. We will hold a community dinner/function at the Albatross Hotel on Sunday 22nd and a fishing fundraising day on the Monday. Our good friend **Nuggett**, from the **4BC Fishing Show** will be there along with **Terri Garlick from the Weipa Bait and Tackle Shop**. Terri has organized the Weipa fishing fraternity to take a flotilla of boats out fishing and all funds raised will go towards Isabella’s ongoing medical and travel expenses.**



**Why not buy that Pop in and see Bill Lucian in Mt Isa or Warwick in Cairns. They are a great bunch of guys and very helpful. Tell them you are heading for Cape York next year and they will set you up with all the right gear and information. You will need a snatch strap and a Black Widow bra if you are doing the OTL. They have lots of specials and will look after all J4K Motor Trail entrants. A special thanks to Warwick for his knowledge and assistance with the Cape York Survey. It is very much appreciated and we look forward to TJM being with us on the trip to The Top.**

**special Christmas gift for your vehicle from TJM. at Coopers Plain (Brisbane), Glen in Townsville,**





**Carer/Parent Retreat at Joondoburri Conference Centre, Bribie Island, which was made only possible through sponsors' generous donations. Jim and Gwen Liddle, Car 78**

## Restorative Parent/Carer Retreat on 11-13 September 2009

**Thirteen children** with a significant disability benefitted greatly from the Carers Retreat – their parents are now refreshed and less stressed, linked with a network of understanding friends, and empowered with strategies to combat stress. Many also had the opportunity to have fun in a park (which is very rare or not possible due to the family circumstances). The photos say it all ....this was a great weekend (generously funded by sponsors of Just 4 Kids), which culminated in a family get-together in the park, with 3 of the motor trail cars on display (a big "thank you" to Shirley and Tony, Mark & Tammy and Keith and Di who were also able to "show the flag" for Just4Kids Motor Trail)

**The event**—Organised and facilitated by staff from Dept of Communities (Disability Services), with volunteers (Judy Shardlow adding a depth of caring with many positive and inspiring messages and a listening ear, and Deb Pettigrew, lending her expertise to give parents the experience of creating an artistic masterpiece in a short period of time)

Fourteen parents (three couples, one Dad and seven Mums) were able to get away for the break (from Friday afternoon to midday Sunday), with some tears shed as they shared their stories, and bonded strongly. They were able to participate in activities such as Relaxation Pilates, Landscape painting, Life Balance Stress Management, massage, walking, talking and having their own space.

**The benefits**—These parents (some with several children with a significant disability) were universally positive in their feedback. The following are indications that this was a very worthwhile cause with positive results:

*Thank you so much for recognizing the need for us to relax and leave worry and responsibility behind for a few days. It has been very restorative"*

*"A weekend away I would have never got around to myself. Thank you so much for the opportunity to focus on myself. I'm sure both (son) and (husband) will appreciate the more relaxed Mum"*

*"Thank you doesn't nearly describe the way we feel for the opportunity to get away and meet so many new people to talk to, but thank you for the time you took to help us have such a wonderful time"*

**Just4Kids are very proud to support the Carers Parent Retreat through our Youth Support Programme. If you would like to make a donation to this worthy cause please email [admin@just4kids.org.au](mailto:admin@just4kids.org.au) and we will send you the details.**



J4K would like to welcome on board our new entrants, **Dennis and Del McGuire**. Dennis has competed in several Endeavour Rallies and has been involved in motor sports for many years. He now feels it is time to sit back and relax and enjoy the countryside with his wife Del, who is a first timer. They are well supported by their sponsors, including **Peter Maddox**, Venue Manager at the **Waterfront Hotel at Maroochydore** (rear of photo).

**During the holiday season please promote awareness for the Cape York Safari to all you meet. Print off our newsletter and flyer as we still have room for a few more friends to come along in 2010. Join us for the adventure of a lifetime with the best mobile cook in Queensland!! Merry Christmas from the J4K Team**

